

**January 2021**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
Zoom Meeting ID: 860 2497 9052 Password: January  Phone Number: 929-205-6099 Meeting ID: 860 2497 9052 Passcode: 8934601				1	2
Registration is limited for the programs, call early to secure your spot. Registration for the shaded dates must occur one week prior to the class.					3
4	5	6	7 <b>2 pm</b> - Seated Tai Chi with Cheryl Hurd To register, call Nora: 518-482-2120	8	9
					10
11 <b>1 pm</b> Book Club: <u>Wild</u> by Cheryl Strayed To register, call Beth: 518-235-2420	12 <b>10 am</b> - Music Memories with Vicky To register, call Vicky: 518-273-4422	13 <b>2 pm</b> - Floral Design with Michele from Ambiance Floral To register, call Nora: 518-482-2120	14 <b>1 pm</b> - Paint-n-Sip at Home To register, call Willard: 518-505-5944	15	16
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18	19 <b>1 pm</b> - Falls Prevention with Kelly Casler To register, call Beth: 518-235-2420	20 <b>2 pm</b> - BINGO To register, call Nora: 518-482-2120	21 <b>2 pm</b> - Seated Tai Chi with Cheryl Hurd To register, call Nora: 518-482-2120	22	23
					24
25 <b>1 pm</b> - Book Club: <u>Wild</u> by Cheryl Strayed To register, call Beth: 518-235-2420	26 <b>10 am</b> - Card Making (2 cards) To register, call Beth: 518-235-2420	27 <b>1 pm</b> - Drum Circle To register, call Willard: 518-505-5944	28 <b>10 am</b> - Medicare 101 with Kelly To register, call Beth:  <b>2 pm</b> - Paint-n-Sip To register, call Willard: 518-505-5944	29	30
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